


| Course 1 |    | 8,0 km |   |   |  |
|----------|----|--------|---|---|--|
| ▷        |    |        |   |   |  |
| 1        | 31 | ●      |   | ○ |  |
| 2        | 32 | / \    | Y |   |  |
| 3        | 33 | ↑      |   |   |  |
| 4        | 34 | ↑      |   |   |  |
| 5        | 35 | / \    | ▷ | Y |  |
| 6        | 36 | ↑      |   | ○ |  |
| 7        | 37 |        |   |   |  |
| 8        | 38 | ●      |   | ○ |  |
| 9        | 39 | ●      |   |   |  |
| 10       | 46 |        |   |   |  |
| 11       | 45 | ↑      |   |   |  |
| 12       | 44 | ↑      |   |   |  |
| 13       | 55 | / \    | ▷ | Y |  |
| 14       | 43 |        | ⊗ | ⊗ |  |
| 15       | 42 | ⊗      |   |   |  |
| 16       | 41 | / \    |   | × |  |
| 17       | 40 | / \    |   | Y |  |

|    |    |     |  |   |  |
|----|----|-----|--|---|--|
| 18 | 47 | ⊗   |  |   |  |
| 19 | 48 | ⋯   |  | ✓ |  |
| 20 | 49 | ⊗   |  |   |  |
| 21 | 50 | ●   |  |   |  |
| 22 | 51 | ⊗   |  |   |  |
| 23 | 52 | ↑   |  |   |  |
| 24 | 53 | / \ |  | Y |  |
| 25 | 54 | ⊗   |  |   |  |


 150 m

